

## **Nitrofurantoin MHRA alert**

Nitrofurantoin is an effective antibiotic used to prevent and treat infections of the bladder, kidney, and other parts of the urinary tract, but it has been linked to side effects affecting the lungs and liver. Please read the patient information leaflet for more information: [pil.428.pdf \(medicines.org.uk\)](#)

If taking Nitrofurantoin, seek medical advice if you experience any of the following:

- Trouble breathing
- Shortness of breath
- A lingering cough
- Coughing up blood or mucus
- Pain or discomfort when breathing

These may be symptoms of a side effect affecting the **lungs**.

- Yellowing of the skin or eyes
- Upper right abdominal pain
- Dark urine (although dark yellow/brown is common)
- Pale or grey-coloured stools
- Itchy skin
- Joint pain and/or swelling

These may be symptoms of a side effect affecting the **liver**.

If you experience any of the above side-effects, please book in for an appointment with one of our GPs or Clinical Pharmacists.